



Communities

- Tsalgiuw (Hartley Bay)
- Terrace
- Smithers
- Prince Rupert
- Port Edward
- Metlakatla
- Laxgalts'ap
- Lax Kw'laams
- Lax Kw'alaams
- Kitkatla
- Gitlaxt'aamiks (New Aiyansh)

Rivers

- Ksyen (Skeena River)
- K'alii Aksim Lisims (Nass River)

Note: The spellings and names of places often vary depending on specific context, dialect, and location. If you are not certain of a place name, the best way to learn is to ask someone who knows. More than one correct answer often applies to the same place. Over time, you will learn the meaning of the various names and why the various names matter.

<https://tomkertes.ca/category/exchange/>



Welcome to the North Coast

We will be visiting the territories of the Ts'msyen (Tsimshian), Nisga'a, and Wet'suwet'en. We will explore the towns and villages of Prince Rupert, Laxgalts'ap, Gitlaxt'aamiks, Terrace, and Smithers. The language of the Ts'msyen is Smalgyax.

<https://tomkertes.ca/category/exchange/>

Exchange Highlights & Bus Times

Sun Mar 31	<ol style="list-style-type: none"> 1. Arrive at 4 PM 2. Settle in with your host family
Mon Apr 1	<ol style="list-style-type: none"> 3. Bus leaves CHSS at 7:30 AM (arrive 15 min early) 4. First stop is Tim Horton's if you want to get breakfast 5. Go on a local hike (dress for any weather) 6. Lunch is on your own in Cow Bay (downtown) 7. Bus leaves Cow Bay at 1:30 PM 8. Go on a local hike (dress for any weather) 9. Bus drops students off at CHSS by 4:00 PM
Tues Apr 2	<ol style="list-style-type: none"> 10. Bus leaves CHSS at 7:00 AM (arrive 15 min early) 11. Visit Nisga'a Museum and Nisga'a Lisims Government 12. Lunch is on your own (bring a packed lunch) 13. Dinner is on your own (fast food) in Terrace – then bus to the Terrace school 14. Arrive at the school for overnight at about 6:30 PM 15. Optional activities if pre-arranged by CHSS students (chaperone required) 16. Lights out is at 10:30 PM
Wed Apr 3	<ol style="list-style-type: none"> 17. Lights on at 6:30 AM (everyone up by 6:50 AM) 18. Bus leaves Terrace school at 7:15 AM 19. Breakfast is on your own in downtown Terrace 20. Bus leaves downtown Terrace at 8:30 AM 21. Free time in Smithers (including time for lunch on own) 22. Bus leaves downtown Smithers at 2:00 PM 23. Dinner is on your own in Terrace (about 1 hour) – then bus to the school 24. Arrive at the school for overnight at about 6:30 PM 25. Optional activities if pre-arranged by CHSS students (chaperone required) 26. Lights out is at 10:30 PM
Thurs Apr 4	<ol style="list-style-type: none"> 27. Lights on at 6:30 AM (everyone up by 6:50 AM) 28. Bus leaves Terrace school at 7:15 AM 29. Breakfast is on your own in downtown Terrace 30. Bus leaves downtown Terrace at 8:30 AM 31. Go on a short hike outside of Terrace and then come back for a day in Terrace – including time for lunch (on your own) 32. Bus leaves downtown Terrace at 1:30 PM 33. Bus drops students off at CHSS at about 3:00 PM
Fri Apr 5	<ol style="list-style-type: none"> 34. School starts at 8:45 AM. 35. If you don't have a place to be, go to room 308 (Mr. Kertes's room) 36. Lunch is from 11:33 AM to 12:13 PM 37. School is over at 3:01 PM. Come to room 308 from 3:01-4:00 PM to help prepare for the Thank You Celebration that will be on Saturday 38. Everyone is welcome to join the optional dinner at Pavilion. Be sure to have your pre-order in before the dinner
Sat Apr 6	<ol style="list-style-type: none"> 39. Rainmakers Debate Team members arrive at CHSS at 2:00 PM to set up for the Thank You Celebration 40. The dinner for students is from 4:00-5:30 PM - all exchange students should attend (CHSS in the MPR) 41. The culture program is from 6:00-7:00 PM and families and community are welcome - Entry is by donation and everyone is welcome (CHSS in the MPR)
Sun Apr 7	<ol style="list-style-type: none"> 42. Arrive at the bus shuttle station at 11:40 AM to start the flight back to Ottawa

The CHSS Rainmakers Debate Team Is Hosting for the AYJSS/CHSS Exchange Students



Thank You Celebration Meal

with Traditional Food and Culture

Traditional Dinner for Exchange Students 4:00-5:30

Cultural Program for Families and Community 6:00-7:00

(Entry to the cultural program is by donation. Everyone is welcome.)

Saturday April 6 at CHSS (MPR)
778-884-5343 for more information

<https://tomkertes.ca/category/exchange/>